Race 01
27th Welsh Athletics Inter Regional Cross-Country
Race 01 M-Bl.3-4 | Yr.3-4 G 1,300m (11:00 AM)
Saturday 21st November 2026
Dolerw Park, Newtown

Urdd

WELSH ATHLETICS
ATHLETAU CYMRU

Race 01 M-Bl.3-4 | Yr.3-4 G 1,300m (11:00 AM)

Safle/Pos	Rhif | Bib	Athletwr|Athlete	Ysgol | School	Amser/Time
1	**150**	**Ela FREEMAN**	**Ysgol Gynradd Aberaeron**	**5:21**
2	**153**	**Alis PRYCE**	**Ysgol Pencae**	**5:27**
3	**119**	**Evelyn TURNBULL**	**Forden**	**5:30**
4	113	Erin TOWNSEND	Blaenavon Heritage VC Primary Sc	5:32
5	114	Poppy VAUGHAN	Cantref primary	5:38
6	129	Elin WILLIAMS	Ysgol Bro Hyddgen	5:40
7	122	Connie JONES	Llanidloes Primary School	5:42
8	128	Everly PHILLIPS	YGG Aberdar	5:51
9	123	Phoebe WOODHOUSE	Pencoed Primary School	5:54
10	120	Cerys DAVIES	Guilsfield	5:55
11	117	Wallis REES	Cyfarthfa Park Primary	5:58
12	147	Ava PRETTY	Ysgol Gymraeg Y Trallwng	6:00
13	139	Ceri MITCHELL	Ysgol Dafydd Llwyd	6:04
14	154	Evie OWEN	Ysgol Pontrobert	6:06
15	132	Ebony-Rose BELL-HALLAM	Ysgol Calon Y Dderwen	6:08
16	138	Mared MITCHELL	Ysgol Dafydd Llwyd	6:10
17	157	Evie ELSDON	Ysgol Y Castell Kidwelly	6:18
18	149	Harper WILLIAMS	Ysgol Gymraeg Y Trallwng	6:20
19	146	Betsi MCDONOUGH	Ysgol Gymraeg Y Trallwng	6:23
20	206	Anna GRIFFITHS	Crossgates C P School	6:26
21	135	Mari EDWARDS	Ysgol Dafydd Llwyd	6:30
22	125	Violet WESTMACOTT	St davids R C Primary School	6:32
23	116	Tori DAVIES	Crossgates C P School	6:33
24	151	Nansi JENKINS	Ysgol Mynydd Bychan	6:33
25	110	Natalie HUMPHREYS	Berriew School	6:38
26	136	Moli GRIFFITHS	Ysgol Dafydd Llwyd	6:40
27	141	Erin ROWLANDS	Ysgol Dafydd Llwyd	6:42
28	121	Ffion MCWILLIAMS	Llanfaes	6:44
29	148	Aurora RICHARDS	Ysgol Gymraeg Y Trallwng	6:44
30	130	Iris BIFFIN	Ysgol Bryn Coch	6:47
31	133	Sofia-May JARMAN	Ysgol Calon Y Dderwen	6:51
32	140	Cadi PRITCHARD	Ysgol Dafydd Llwyd	6:55
33	118	Evelyn GOODWIN	Forden	6:55
34	144	Bethan EDWARDS	Ysgol Gymraeg Y Trallwng	6:57
35	145	Nansi JONES	Ysgol Gymraeg Y Trallwng	6:57
36	112	Millie MANSELL	Berriew School	7:06
37	124	Enya WINTER	Penygloddfa	7:10
38	211	Amelia MARRIOTT	Ysgol Dafydd Llwyd	7:13
39	126	Molly RUTTER	St Michael's CiW Primary School	7:31
40				
41				
42				
43				
44				
45				

4 Tîmau Sgorio/Scoring Teams

Safle/Pos	Ysgol/School	1	2	3	Total
1	**Ysgol Gymraeg Y Trallwng**	**12**	**18**	**19**	**49**
2	**Ysgol Dafydd Llwyd**	**13**	**16**	**21**	**50**
3	**Ysgol Dafydd Llwyd**	**26**	**27**	**32**	**85**
4	*Ysgol Gymraeg Y Trallwng*	*29*	*34*	*35*	***98***

23 Incomplete Team Results

	Ysgol/School	Places		Pts
1	*Crossgates C P School*	*20*	*23*	***43***
2	*Ysgol Calon Y Dderwen*	*15*	*31*	***46***
3	*Forden*	*3*	*33*	***36***
4	*Berriew School*	*25*	*36*	***61***
5	*Ysgol Gynradd Aberaeron*	*1*		***1***
6	*Ysgol Pencae*	*2*		***2***
7	*Blaenavon Heritage VC Primary School*	*4*		***4***
8	*Cantref primary*	*5*		***5***
9	*Ysgol Bro Hyddgen*	*6*		***6***
10	*Llanidloes Primary School*	*7*		***7***
11	*YGG Aberdar*	*8*		***8***
12	*Pencoed Primary School*	*9*		***9***
13	*Guilsfield*	*10*		***10***
14	*Cyfarthfa Park Primary*	*11*		***11***
15	*Ysgol Pontrobert*	*14*		***14***
16	*Ysgol Y Castell Kidwelly*	*17*		***17***
17	*St davids R C Primary School*	*22*		***22***
18	*Ysgol Mynydd Bychan*	*24*		***24***
19	*Llanfaes*	*28*		***28***
20	*Ysgol Bryn Coch*	*30*		***30***
21	*Penygloddfa*	*37*		***37***
22	*Ysgol Dafydd Llwyd*	*38*		***38***
23	*St Michael's CiW Primary School*	*39*		***39***

1st Team: Ysgol Gymraeg Y Trallwng (49Pts)

147	Ava PRETTY (12)	6:00
149	Harper WILLIAMS (18)	6:20
146	Betsi MCDONOUGH (19)	6:23

2nd Team: Ysgol Dafydd Llwyd (50Pts)

139	Ceri MITCHELL (13)	6:04
138	Mared MITCHELL (16)	6:10
135	Mari EDWARDS (21)	6:30

3rd Team: Ysgol Dafydd Llwyd (85Pts)

136	Moli GRIFFITHS (26)	6:40
141	Erin ROWLANDS (27)	6:42
140	Cadi PRITCHARD (32)	6:55